



NOAH'S CORNER

February 2019

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'The best classroom is at the feet of an elderly person.'
— Andy Rooney

Focus on... NOAH in 2019

2019: It's all about intention

In this rapidly changing world, things do not stand still and adaptability is a key ingredient in order to thrive.

At NOAH, we are intent on thriving! We are intent on **seeing** what is happening around us, intent on **listening** to what our members' needs are, intent on better **understanding** and **deepening** our impact, intent on better **measuring** our impact. It is through this intention and our adaptability, together with your ongoing support, that we will achieve our newly-worded vision and mission.

Our vision: NOAH wants every social pensioner to remain active and independent for as long as possible through purpose, participation and possibility.

Our mission: To ensure social pensioners have their basic needs met, have a sense of purpose and contribute to their own families, the NOAH family and society as a whole, forever.

Both the vision and the mission signal the organisation's next stage of development. Our members have an opportunity to not only survive through having their basic needs met, but thrive by engaging in the myriad of opportunities that enable them to have a real sense of purpose, and the possibility of a happier retirement.

Regardless of our circumstances, we all have a fundamental need to be connected to others, have independence and choice, and to learn continually. We believe that the NOAH model ticks all of these boxes. Our members inspire us to push harder to enhance the wellbeing of all of our community.

I hope that you find the newsletter inspiring and continue to support the wellness of over 730 beneficiaries every year.

Best wishes for 2019,
Anne

Trevor's story

My name is Trevor, I'm 68 years old and I've been at NOAH for three years. In my previous life I worked for a large PVC piping company as a project manager and travelled extensively through Africa. I was living a great life: I had a chalet in the Magaliesberg, owned a Harley Davidson and was an enthusiastic Hell's Angel.

All that changed when my boss was assassinated, the company closed down and over 22,000 people lost their job. I was unable to access my pension to which I had contributed for over 18 years and in spite of spending substantial amounts in legal fees, I was forced to sell all of my possessions, including my home.

I decided to make my way to Cape Town where I attempted to find a job. Very quickly my savings dwindled and I was homeless. I made my way to a shelter and became a relief driver for them. Yet I struggled to fit in to the night shelter environment and was heartbroken at all that I had lost.

A staff member at the shelter suggested I contact NOAH which I did and was lucky to find a place soon after. I recently started driving the NOAH tuk-tuk – dropping off bread collections, doing shopping and collecting medication at the Day hospital. I feel like a young man again!

At NOAH, I also met my wife Nadia. My life has changed for the better, I am grateful to have somewhere lovely to live and something to do every day!



YOUR TAX RELIEF, OUR SOCIAL UPLIFTMENT

BBBEE POINTS and SECTION 18A CERTIFICATES

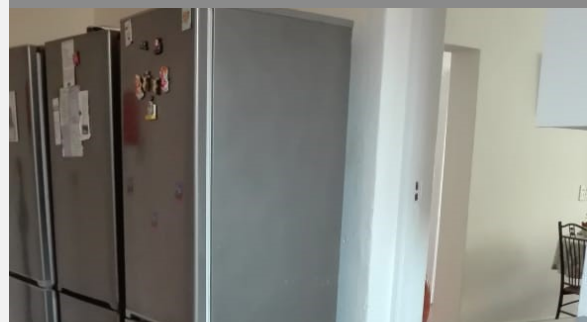
NOAH is an innovative, adaptable and credible model of support that offers dignity, restitution, purpose and possibility to over 730 elderly poor – many of whom support entire households on their grant of R1700.

NOAH is a Level 2 BBBEE organisation, a registered NPO and a PBO with Section 18A status.

By supporting NOAH, you can earn BBBEE scorecard points and/or receive a tax rebate on your donation. The result is that those most marginalised will receive the support they need to remain active and independent for as long as possible...

Contact Anne Dobson, NOAH Director, at anne@noah.org.za or call (021) 447-6334 for more information.

Thanks to the generosity of our long-term partners, Riscura Solutions, Lawrence Henry House recently was made over with fresh white paint and a brand new kitchen floor. The residents are enthralled with their new look house. Brenda Bagan and Lena Witten gave two thumbs up to the renovation. "We are so delighted with our renovation, it feels like a new house. It is brighter, lighter and the floor is now even! Thank you Riscura!"



Social Enterprise Development updates



Your own bespoke candles

We're delighted to launch our new candle-making workshops! Come enjoy a lovely and crafty morning and learn the basics of candle-making. Our expert Mark will walk you through a mix of theory and practice and will help you make four beautiful candles to take home. All profits generated support our members! Our second workshop will be held on **30 March from 10am to 1pm** at our Woodstock Centre. Lunch is available on request.

(Bookings on 066 068 5452)



Hello 'NOAH Sew'!

Are you looking for clothing alterations or an exceptional dress-making service? Do you want a customized item of clothing or something special and unique for an upcoming event? Look no further! Talented seamstress Christine Kalala is joining Jennifer and the NOAH sewing team and will be available from Monday to Friday in our Woodstock Centre. From roman blinds to custom-made clothes, Christine will work her magic!

(More info at orders@noah.org.za)

Our **Trestle Table Saturday Sales** are back! Thank you to all who attended and to our loyal and growing donor base who made this day a resounding success. The next clearance sales will take place on 2 March and 30 March from 9am to 1pm.

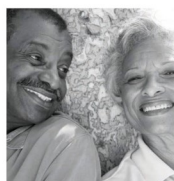


We are excited to announce that the successful **Trestle Table** has **started operations in Khayelitsha**. The team will offer affordable clothing and household items to Khayelitsha members and the broader community. Please keep donating!



Our **NOAH Take-Away** is on the up! Please pop by for a toasted sarmie, chips, samoosa's, pies and cooldrinks. We also have iced lollies for these hot summer days! Speak to us about catering for your next party, event or corporate day (orders@noah.org.za).

We have a new partnership with Pip Accessories in trialling a range of **African inspired print scatter cushions**. Our bespoke and limited range will be available soon for orders. We think that they are beautiful and hope you will too!



21 SUPPORTERS

21 CAUSES

R2.1 MILLION TO GIVEAWAY

You get to choose where the money goes!

What a way to Celebrate MySchool's 21 years of giving back!

Help us **win R100 000** and a **R1 000 Woolies Gift Card** to treat yourself!

Nominate us here : www.myschool.co.za/21years



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November Appeal

Our November walking stick appeal was a resounding success! Due to the generosity of our donors, Newlands Rotary and a discount from Wynberg Pharmacy, we were able to provide 12 of our Khayelitsha members with walking sticks. They are able to walk more securely, comfortably and confidently. We also have stock should anyone need in the future.

"This walking stick is more than necessary, there is now hope" Emelda

We had the privilege of handing out the walking sticks to our Khayelitsha Clinic and Club members last week and, to say the morning was inspirational is an understatement! We are eternally grateful for your support of this campaign which has significantly improved the daily life of our members.

"I can now walk confidently to Church, thank you so much!" Muriel



Recipes & Remedies

NOAH members have a wealth of recipes and remedies to share: from healing a broken heart to the best spaghetti bolognese recipes or removing warts, our members know all about home-grown Cape remedies and tips.

Any suggestions? Send us your ideas at info@noah.org.za.

Remedy for a sore throat (submitted by Sophia Abrahams)

Mix ¼ teaspoon salt, 1 teaspoon white vinegar in a ¼ glass of lukewarm water. Gargle the mixture in small amounts until the glass is empty.

What's on in March

- 2 March: Trestle Table clearance sale
- 21 March: Human Rights Day - NOAH closed for the day
- 27 March: Freedom Day - NOAH closed for the day
- 30 March: Trestle Table clearance sale
- 30 March: Candle-making workshop

8 questions to... Terence



Tell us...

...who you are

I was born in to an average income family with parents I loved deeply and six siblings - I admire them enormously! I married a woman of great talent but unfortunately had a short-lived marriage of 10 years.

We had two sons and a daughter whom I all adore and speak to daily. One of them works in the Mayor's office, another one is studying to be a traffic inspector and my third child is doing a Diploma in Performance.

...why you joined NOAH

I wanted to be independent and live in a structured community.

...one thing nobody knows about you

I am a singer and do some singing gigs

...one thing you're very proud of
My immediate family

...one thing from your bucket list

I would like to complete my academic qualification

...the country you would love to live in
New Zealand

...the most important thing in your life
My family

...your favourite thing to do during the day
Rest!